

Psalm 32 (ESV)



Blessed is the one whose transgression / is forgiven,\*  
whose sin / is covered.

Blessed is the man against whom the Lord counts / no iniquity,\*  
and in whose spirit there is / no deceit.

For when I kept silent, my bones wast/ed away\*  
through my groaning / all day long.

For day and night your hand was heavy / upon me;\*  
my strength was dried up as by the heat / of summer.

I acknowledged my / sin to you,\*  
and I did not cover my / iniquity;

I said, "I will confess my transgressions / to the Lord,"\*  
and you forgave the iniquity / of my sin.

Therefore let everyone / who is godly\*  
offer prayer to you at a time when you / may be found;  
surely in the rush / of great waters,\*  
they shall / not reach him.

You are a hiding place for me; you preserve me / from - trouble;\*  
you surround me with shouts of de/liverance.

I will instruct you and teach you in the way / you should go;\*  
I will counsel you with my eye / upon you.

Be not like a horse or a mule, without / understanding,\*  
which must be curbed with bit and bridle or it will not / stay near you.

Many are the sorrows / of the wicked,\*  
but steadfast love surrounds the one who trusts / in the Lord.

Be glad in the Lord, and rejoice, / O - righteous,\*  
and shout for joy, all you upright / in - heart!